



Beach Box Cafes Menu

Breakfast Baps

Bacon Bap	5.50
Sausage Bap	5.50
Vegan Sausage Bap (VG)	5.50
Egg Bap (VE)	4.95
Mega Bap (Bacon & Sausage)	7.50
Add Hashbrown	1.00
Add Egg	1.00
Add Portobello Mushroom <i>(Available at Harlyn location)</i>	1.00

Breakfast Specials

Cheese & Bacon Turnover	4.95
Loaded Maple & Bacon Waffles	7.95
Banana Bread (Greek Yoghurt, Honey & Granola) (VE)	6.50
Shakshuka (VE)	5.95
Smoked Salmon & Cream Cheese Bagel	7.50
Overnight Oats (VE)	4.95
Croissant	1.65
Pain aux Choc	1.95



Breakfast Boxes

Available at Harlyn location

Mini Breakfast (Sausage, Bacon, Egg, Portobello Mushroom, Hash Brown, Beans & Toast)	9.95
Mega Breakfast (2 Sausages, 2 Bacon, 2 Eggs, Portobello Mushroom, 2 Hash Browns, Beans & Toast)	13.95
Mini Veggie Breakfast (Vegan Sausage, Egg, Portobello Mushroom, Halloumi, Hash Brown, Beans & Toast) (VE)	9.95
Veggie Breakfast (2 Vegan Sausage, 2 Eggs, Portobello Mushroom, Halloumi, 2 Hash Browns, Beans & Toast) (VE)	13.95





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Salads

Beach Box Ploughmans	9.95
Vegan Superfood Salad (VG) (GF)	9.95
Prawn & Salmon Salad (GF)	11.95
Bang Bang Cauliflower Salad (VG)	9.95

Rolls

Ham Hock, Cheddar & Homemade Tomato Chutney	6.50
Tuna Salad (Tuna Mayo, Chopped Cucumber, Tomato & Spring Onion)	6.50
Egg Mayo & Cress (VE)	5.95

Pasties

Steak Pasty	5.95
Cheese & Onion Pasty (VE)	5.95
Gluten Free Pasty (Steak OR Cheese & Onion)	6.95
St Agnes Bakery Jumbo Sausage Roll	5.45



Wraps

Rainbow Wrap (Feta, Beetroot, Carrot, Spinach & Hummus) (VE)	5.95
Vegan Rainbow Wrap (Bell pepper, Beetroot, Carrot, Spinach & Hummus) (VG)	5.95
Chicken Caesar (Chicken, Romaine Lettuce, Caesar Dressing & Shaved Parmesan)	6.50

Kids

Cheesy Tomato Pasta (VE)	4.50
Sandwich Box (Juice Box, Crisps, Kit Kat with a Choice of Ham Or Cheese Or Peanut Butter & Jam Sandwich)	6.95





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Toasties

Cheese (VG)	6.00
Ham & Cheese	6.50
Add Homemade Tomato Chutney	1.00

Ciabattas

Brie, Bacon & Cranberry	7.50
Tuna Melt with Spring Onion & Mozzarella	7.50
Pulled Pork with Jalapenos & Mozzarella	7.50

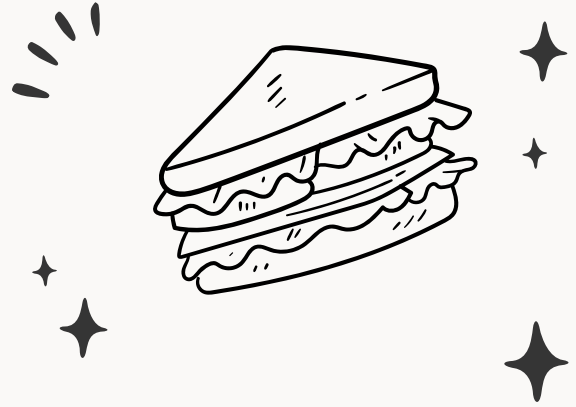
Fish Finger Roll

Jumbo Cod Fishfinger Roll with our Homemade Tartare Sauce	9.95
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Fries

Available at Polzeath & Harlyn locations

Fries	4.95
Cheesy Fries	5.95
Truffle Oil & Parmesan Fries	6.45



Loaded Fries

Available at Harlyn location

Chilli Fries - topped with Chilli, Cheese, Jalapenos & Sour Cream	10.95
Pork Fries - topped with Pulled Pork, Cheese, Jalapenos & Sour Cream	10.95
Veggie Chilli Fries - topped with Veggie Chilli, Vegan Cheese & Jalapenos (VG)	10.95

Jacket Potatoes

Available at Harlyn location

Cheese	6.00
Vegan Cheese	6.50
Vegan Chilli	6.50
Beans	6.00
Chilli Con Carne	6.50
Pulled Pork	7.00
Add Cheese	1.00





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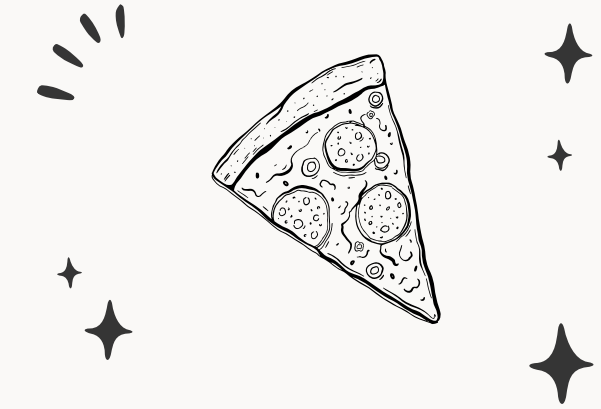
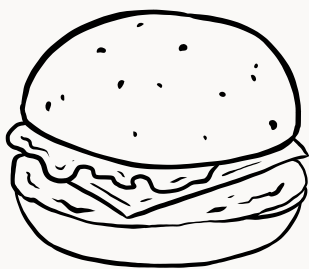
Pizza

Available at Harlyn location

Served on a traditional Italian base with a range of toppings

Margherita (VE)	10.95
Wild Mushroom (VE)	12.95
Hawaiian	12.95
Loaded Pepperoni	12.95
Pulled Pork	13.95
Garlic Pizza Bread (VE)	7.95
Cheesy Garlic Bread (VE)	8.95

Can be made vegan and gluten free



Burger

Available at Harlyn location

6oz Phillip Warren Steak Burger in a Pretzel Bun with Lettuce, Tomato, Red Onion & Burger Sauce

Beef Burger	11.95
Cheese Burger	12.50
Bacon Cheese Burger	12.95
Big Kahuna Burger (Cheese, Bacon & Pineapple)	13.45
Sloppy Joe Burger (Chilli & Cheese)	13.95
Porker Burger (Pulled Pork & Cheese)	13.95
Homemade Spicy Vegan Burger (VG)	12.50





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Cakes

Peanut Butter Brownie (VG & GF)	3.95
Ramblejack (VG & GF)	3.95
Sour Cherry & Pistachio (GF & DF)	3.95
Cornish Caramel Crunch	3.95
Biscoff Rocky Road	3.95
Gizzilionaire (VG & GF)	3.95
Mint Choc Brownie (GF)	3.95
Apricot Flapjack (VG)	3.95
Lemon & White Chocolate Blondie	3.95
Brownie (GF)	3.95
Da Bara Bakery Cinnamon Buns	4.25
Cookies	3.95



Waffles

Double Chocolate	7.45
White Choc Fudge	7.45
Eton Mess	7.45
Banoffee	7.45
Biscoff	7.45

Snacks

Burts Crisps (Sea Salt, Salt & Vinegar, Cheese & Onion)	1.50
Chocolate Bar (Malteser, Kitkat, Twix, Buttermilk)	1.50
Filburts Nuts	2.00
Filburts Olives	2.00

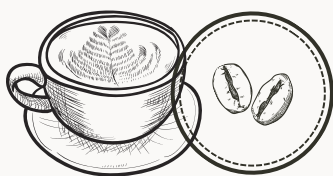




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Coffee

	Hot	/	Ice
Espresso	2.75	-	
Americano	3.25	4.50	
Flat White	3.45	-	
Latte	3.95	4.50	
Cappucino	3.95	-	
Mocha	3.95	4.50	
Macchiato	3.25	-	
Cortado	3.25	-	
Bebeccino	2.75	-	
Affogato	5.25	-	
Iced Frappe	-	4.50	



Oat, Coconut & Soya Milks available at no extra cost!

Tea

English Breakfast	2.75
Decaf	2.75
Earl Grey	2.75
Green Tea	2.75
Peppermint	2.75
Chamomile	2.75
Superfruit	2.75
Lemon & Ginger	2.75



Non Coffee

	Hot	/	Ice
Hot Chocolate	3.75	-	
Deluxe Hot Chocolate	4.75	-	
Kids Hot Chocolate	2.75	-	
Kids Deluxe Hot Chocolate	3.75	-	
Matcha	3.95	4.50	
Chai	3.95	4.50	

Syrups

Caramel	50p
Salted Caramel	50p
Vanilla	50p
Hazelnut	50p
Sugar Free Caramel	50p





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Soft Drinks

Diet Coke/Coke/Coke Zero	2.50
San Pelligrino Orange	2.50
Apple & Mango Carton	1.50
Apple & Summer Berries Carton	1.50
Water - Still OR Sparkling	1.95
Apple OR Orange Juice	2.50
Rio	2.50
Cornish Orchards (Elderflower, Sicilian Lemon, Sparkling Apple)	2.50

Gelato

Homemade in our St Minver Kitchen

Single Scoop	3.95
Double Scoop	5.95
Flake OR Fudge Stick	50p
Marshfield's Ice Lolly (Blackcurrant / Orange)	1.95
Slickers Doggy Ice Cream	4.25

Milkshakes

Made with any Gelato Flavour	5.50
Add Cream & Sauce	45p



Smoothies

Super Green (Spinach, Avocado, Apple, Lime, Basil & Spirulina)	5.50
Passion Storm (Aloe Vera, Passionfruit, Guava, Peach, Pineapple & Papaya)	5.50
Strawberry Delight (Peach, Papaya & Strawberries)	5.50
Raspberry Heaven (Raspberry, Blueberry, Apple & Mango)	5.50
Paddle Power (Acai, Blueberry, Mango, Strawberry, Crunchy Peanut Butter & Coconut Milk)	5.50
Recovery (Red Beets, Blueberry, Pineapple, Ginger & Apple Juice)	5.50

Smoothie Bowls

The same base as our smoothies blended with 1/2 a banana with a layer of granola and topped with seasonal fresh & dried fruits

7.95





Beach Box Cafes Menu



Cocktails & Mixed Drinks

Available at Harlyn location

All cocktails are also available as Mocktails

Sunset at Harlyn
A fruity mix of vodka and Peach Schnapps, with orange and cranberry 10.00

Margarita
A citrusy blend of tequila, triple-sec, limes, lemons, and orange juice 10.00

Mojito
A crisp combination of rum, Persian limes, and mint 10.00

Espresso Martini
A stimulating cocktail of a fresh brewed espresso, Kahula, and vodka 10.00

Aperol Spritz
Aperol (11%) 9.00

Pimms & Lemonade
Pimms (25%) 8.00

Gin & Mixer
Tarquin's Cornish Dry Gin (42%) or Tarquin's Strawberry & Lime (38%) 8.00

Vodka & Mixer
Vodka (37.5%) 8.00

Rum & Mixer
Dead Man's Fingers Spiced Rum (40%) 8.00

Whisky & Mix
Whisky (40%) 8.00



Helles Lager (4.4%)	1/2 pint 4.00 pint 7.00
Summer Leaze Pale Ale (4%)	1/2 pint 4.00 pint 7.00
Bluntrock Brewery No Low Can You Go 0.5% Available at Polzeath location	1/2 pint 4.00 pint 7.00
Shandy	7.00
Rattler (Apple 5.5%), Berry (4%), Or Pear (4%)	6.45
Wine (Red (13.5%), Cava (11%), White (11.5%) Or Rose (12.5%))	8.00

