



# Beach Box Cafes Menu

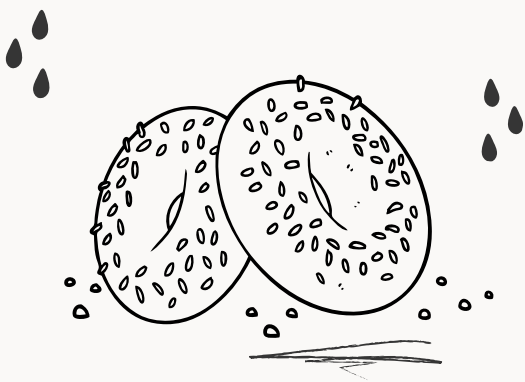
## Breakfast Baps

Bacon Bap	5.50
Sausage Bap	5.50
Vegan Sausage Bap (VG)	5.50
Egg Bap (VE)	4.95
Mega Bap (Bacon & Sausage)	7.50
Add Hashbrown	1.00
Add Egg	1.00
Add Portobello Mushroom <i>(Available at Harlyn location)</i>	1.00



## Breakfast Specials

Cheese & Bacon Turnover	4.95
Loaded Maple & Bacon Waffles	7.95
Banana Bread (Greek Yoghurt, Honey & Granola) (VE)	6.50
Shakshuka (VE)	5.95
Smoked Salmon & Cream Cheese Bagel	7.50
Overnight Oats (VE)	4.95
Croissant	1.65
Pain aux Choc	1.95





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## Salads

Beach Box Ploughmans	9.95
Vegan Superfood Salad (VG) (GF)	9.95
Prawn & Salmon Salad (GF)	11.95
Bang Bang Cauliflower Salad (VG)	9.95

## Rolls

Ham Hock, Cheddar & Homemade Tomato Chutney	6.50
Tuna Salad (Tuna Mayo, Chopped Cucumber, Tomato & Spring Onion)	6.50
Egg Mayo & Cress (VE)	5.95

## Pasties

Steak Pasty	5.95
Cheese & Onion Pasty (VE)	5.95
Gluten Free Pasty (Steak OR Cheese & Onion)	6.95
St Agnes Bakery Jumbo Sausage Roll	5.45



## Wraps

Rainbow Wrap (Feta, Beetroot, Carrot, Spinach & Hummus) (VE)	5.95
Vegan Rainbow Wrap (Bell pepper, Beetroot, Carrot, Spinach & Hummus) (VG)	5.95
Chicken Caesar (Chicken, Romaine Lettuce, Caesar Dressing & Shaved Parmesan)	6.50

## Kids

Cheesy Tomato Pasta (VE)	4.50
Sandwich Box (Juice Box, Crisps, Kit Kat with a Choice of Ham Or Cheese Or Peanut Butter & Jam Sandwich)	6.95





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## Toasties

Cheese (VG)	6.00
Ham & Cheese	6.50
Add Homemade Tomato Chutney	1.00

## Ciabattas

Brie, Bacon & Cranberry	7.50
Tuna Melt with Spring Onion & Mozzarella	7.50
Pulled Pork with Jalapenos & Mozzarella	7.50

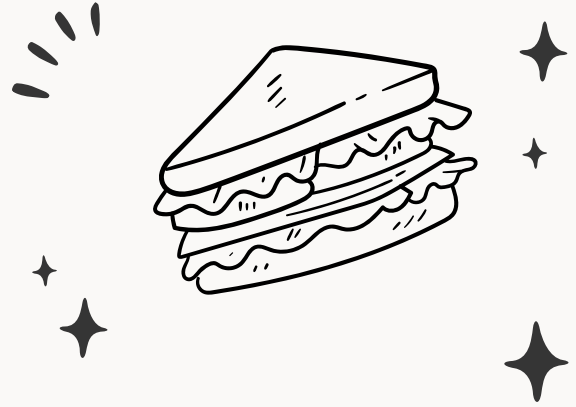
## Fish Finger Roll

Jumbo Cod Fishfinger Roll with our Homemade Tartare Sauce	9.95
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## Fries

*Available at Polzeath & Harlyn locations*

Fries	4.95
Cheesy Fries	5.95
Truffle Oil & Parmesan Fries	6.45



## Loaded Fries

*Available at Harlyn location*

Chilli Fries - topped with Chilli, Cheese, Jalapenos & Sour Cream	10.95
Pork Fries - topped with Pulled Pork, Cheese, Jalapenos & Sour Cream	10.95
Veggie Chilli Fries - topped with Veggie Chilli, Vegan Cheese & Jalapenos (VG)	10.95

## Jacket Potatoes

*Available at Harlyn location*

Cheese	6.00
Vegan Cheese	6.50
Vegan Chilli	6.50
Beans	6.00
Chilli Con Carne	6.50
Pulled Pork	7.00
Add Cheese	1.00





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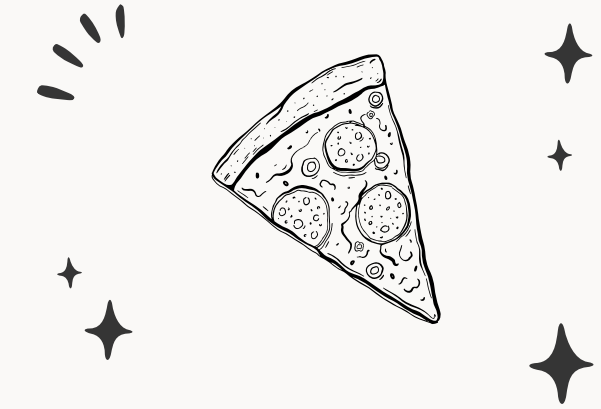
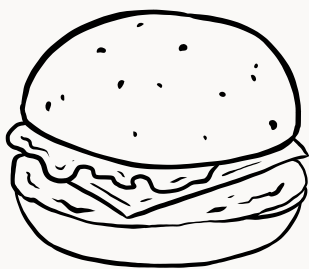
## Pizza

*Available at Harlyn location*

Served on a traditional Italian base with a range of toppings

Margherita (VE)	10.95
Wild Mushroom (VE)	12.95
Hawaiian	12.95
Loaded Pepperoni	12.95
Pulled Pork	13.95
Garlic Pizza Bread (VE)	7.95
Cheesy Garlic Bread (VE)	8.95

Can be made vegan and gluten free



## Burger

*Available at Harlyn location*

6oz Phillip Warren Steak Burger in a Pretzel Bun with Lettuce, Tomato, Red Onion & Burger Sauce

Beef Burger	11.95
Cheese Burger	12.50
Bacon Cheese Burger	12.95
Big Kahuna Burger (Cheese, Bacon & Pineapple)	13.45
Sloppy Joe Burger (Chilli & Cheese)	13.95
Porker Burger (Pulled Pork & Cheese)	13.95
Homemade Spicy Vegan Burger (VG)	12.50





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## Cakes

Peanut Butter Brownie (VG & GF)	3.95
Ramblejack (VG & GF)	3.95
Sour Cherry & Pistachio (GF & DF)	3.95
Cornish Caramel Crunch	3.95
Biscoff Rocky Road	3.95
Gizzilionaire (VG & GF)	3.95
Mint Choc Brownie (GF)	3.95
Apricot Flapjack (VG)	3.95
Lemon & White Chocolate Blondie	3.95
Brownie (GF)	3.95
Da Bara Bakery Cinnamon Buns	4.25
Cookies	3.95



## Waffles

Double Chocolate	7.45
White Choc Fudge	7.45
Eton Mess	7.45
Banoffee	7.45
Biscoff	7.45

## Snacks

Burts Crisps (Sea Salt, Salt & Vinegar, Cheese & Onion)	1.50
Chocolate Bar (Malteser, Kitkat, Twix, Buttermilk)	1.50
Filburts Nuts	2.00
Filburts Olives	2.00

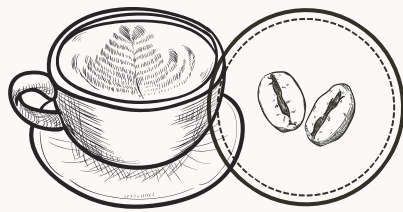




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## Coffee

	Hot	/ Ice
Espresso	2.75	-
Americano	3.25	4.50
Flat White	3,45	-
Latte	3.95	4.50
Cappucino	3.95	-
Mocha	3.95	4.50
Macchiato	3.25	-
Cortado	3.25	-
Bebecino	2.75	-
Affogato	5.25	-



*Oat, Coconut & Soya Milks available at no extra cost!*

## Tea

English Breakfast	2.75
Decaf	2.75
Earl Grey	2.75
Green Tea	2.75
Peppermint	2.75
Chamomile	2.75
Superfruit	2.75
Lemon & Ginger	2.75



## Non Coffee

	Hot	/ Ice
Hot Chocolate	3.75	-
Deluxe Hot Chocolate	4.75	-
Kids Hot Chocolate	2.75	-
Kids Deluxe Hot Chocolate	3.75	-
Matcha	3.95	4.50
Chai	3.95	4.50
Iced Frappe	-	4.50

## Syrups

Caramel	50p
Salted Caramel	50p
Vanilla	50p
Hazelnut	50p
Sugar Free Caramel	50p







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## Soft Drinks

Diet Coke/Coke/Coke Zero	2.50
San Pelligrino Orange	2.50
Apple & Mango Carton	1.50
Apple & Summer Berries Carton	1.50
Water - Still OR Sparkling	1.95
Apple OR Orange Juice	2.50
Rio	2.50
Cornish Orchards (Elderflower, Sicilian Lemon, Sparkling Apple)	2.50

## Gelato *Homemade in our St Minver Kitchen*

Single Scoop	3.95
Double Scoop	5.95
Flake OR Fudge Stick	50p
Marshfield's Ice Lolly (Blackcurrant / Orange)	1.95
Slickers Doggy Ice Cream	4.25

## Milkshakes

Made with any Gelato Flavour	5.50
Add Cream & Sauce	45p



## Smoothies

Super Green (Spinach, Avocado, Apple, Lime, Basil & Spirulina)	5.50
Passion Storm (Aloe Vera, Passionfruit, Guava, Peach, Pineapple & Papaya)	5.50
Strawberry Delight (Peach, Papaya & Strawberries)	5.50
Raspberry Heaven (Raspberry, Blueberry, Apple & Mango)	5.50
Paddle Power (Acai, Blueberry, Mango, Strawberry, Crunchy Peanut Butter & Coconut Milk)	5.50
Recovery (Red Beets, Blueberry, Pineapple, Ginger & Apple Juice)	5.50

## Smoothie Bowls

The same base as our smoothies blended with 1/2 a banana with a layer of granola and topped with seasonal fresh & dried fruits

7.95





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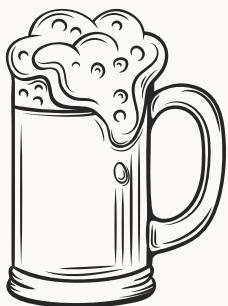
## Cocktails

*Available at Harlyn location*

Aepril Spritz	9.00
Pimms & Lemonade	6.00



Helles Lager	4.00 1/2 pint 7.00 pint
Summer Leaze Pale Ale	4.00 1/2 pint 7.00 pint
Bluntrock Brewery No Low Can You Go 0.5% <i>Available at Polzeath location</i>	4.00 1/2 pint 6.00 pint
Shandy	7.00
Rattler (Apple, Berry Or Pear)	6.45
Wine (Red, Sparkling, White Or Rose)	8.00
Gin & Mixer	8.00
Vodka & Mixer	8.00
Rum & Mixer	8.00
Whisky & Mix	8.00







# Beach Box Cafes Menu

## Cookouts at Polzeath Beach Box



We do a delicious menus at our cookouts, including:

Beach Box Burger	14.00
Marinated Chicken Wings	10.00
Loaded Crab Fries	15.00
Shichimi Squid Chili Squid	10.00
Portobello Mushroom Burger	10.00
Halloumi in Maple	7.50

Menu's vary, so keep an eye out on our socials for updates on upcoming cookouts!

